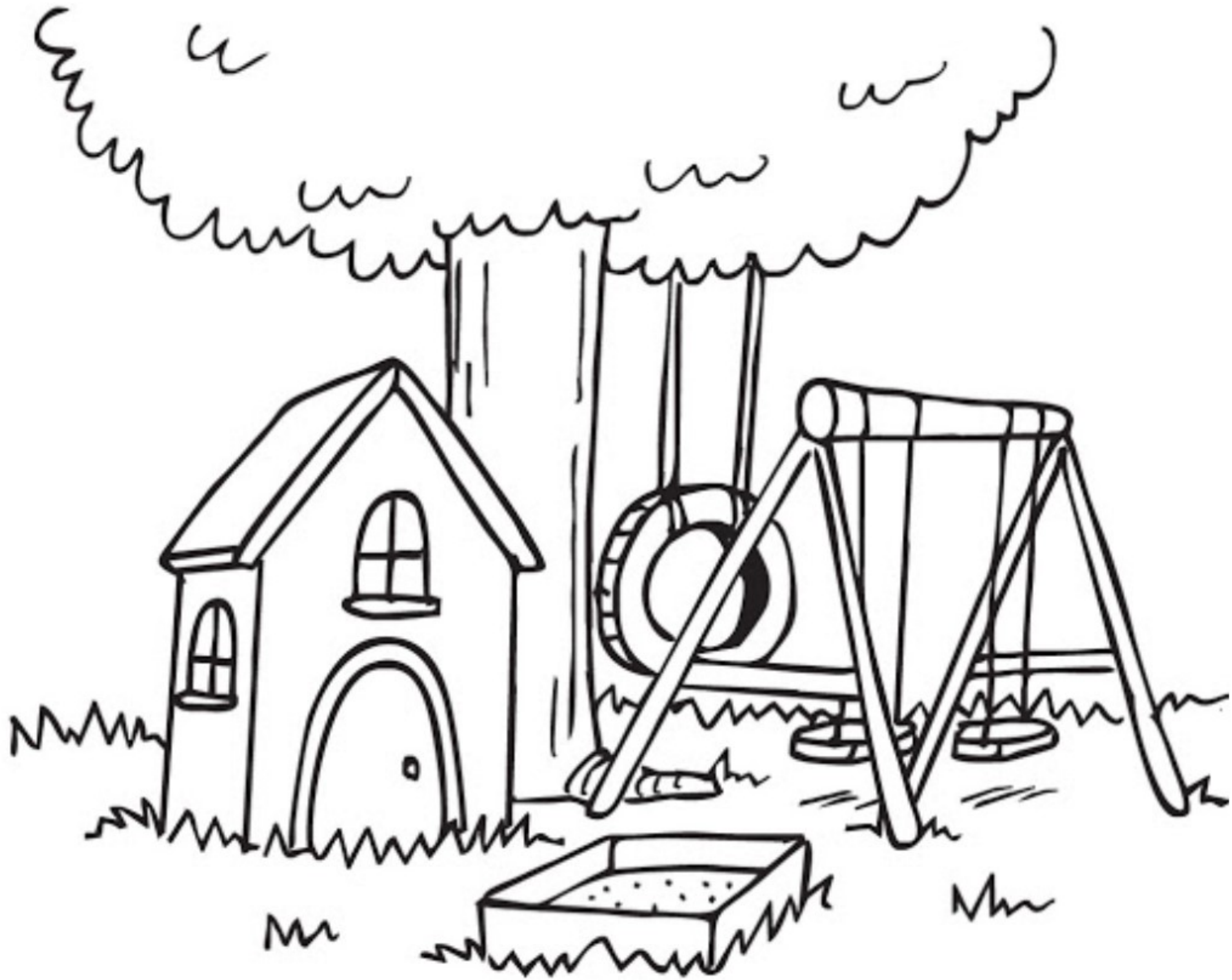


Y is for **YARD**



Take a break each day and go outside to play in your yard and get some exercise.



**San Antonio Council on
Alcohol & Drug Awareness**
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