

FIRST FRIDAY WORKSHOPS

Friday, May 6, 2022

Speaker for Morning Session: Crystal Collier, PhD, LPC-S
No Afternoon Session



Time: 9:00 - 11:30 AM
Topic: The Neuroscience & Genetics of High-Risk Behavior: Treatment & Prevention

Description: Treatment & Prevention elucidates how substances and other risky behavior affect healthy neurodevelopment, the role of genetics in addiction, the effect of environment, and implications for prevention and treatment for children, teens, and adults. Dr. Crystal Collier, author of *The NeuroWhereAbouts Guide*, teaches parents and clinicians how to teach the neuroscience of addiction to kids and adults. In this presentation she will focus on the protection of executive functioning skills, empower parents to explore genetic testing for addiction, and encourage law enforcement and school administrators to develop consistent, brain-based prevention programming and sound policy.



About the Speaker: Crystal Collier, PhD, herself a person in long-term recovery, is a therapist, prevention researcher, and creator of BrainAbouts. Her work has been recognized in the prevention science and addiction fields with the Torch Bearer Award by the Texas Association of Addiction Professionals, 2019 Counselor of the Year by the Houston Counseling Association, and the Outstanding Research Award from the Association of Alternative Peer Groups. Dr. Collier's comprehensive prevention model, which teaches the neurodevelopmental effects of risky behavior to children, teens, teachers, and parents, received a commendation from the National Council on Alcoholism and Drug Dependence. This model and research from her book, *The NeuroWhereAbouts Guide*, is currently being nationally piloted in an online prevention program called BrainAbouts.

AM: 9:00 - 11:30 AM

Cost: \$35.00

Earn 2.5 CEHs

LPC, LCDC, CCPJ, SW, LMFT

Hosted via Zoom.
Reserved your spot online
or by phone for a
guaranteed seat.
Free to attend if no CE's
needed.

Register at:
<https://sacada.org/event/first-friday-workshops/>
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Questions about First Friday,
contact PRC Senior Director,
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Alcohol & Drug Awareness
Education & Training

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The San Antonio Council on Alcohol and Drug Awareness is a certified provider of CEHs from the Texas Certification Board of Addiction Professionals.